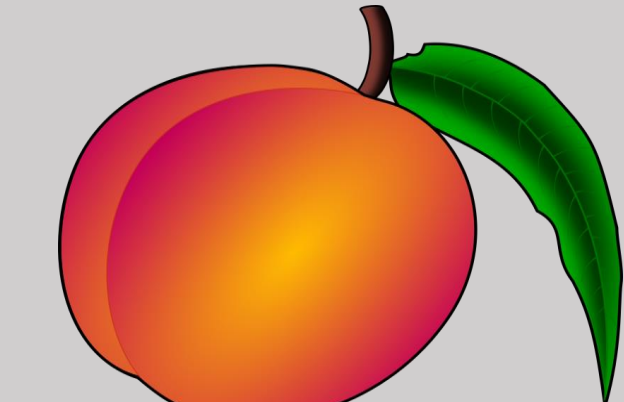
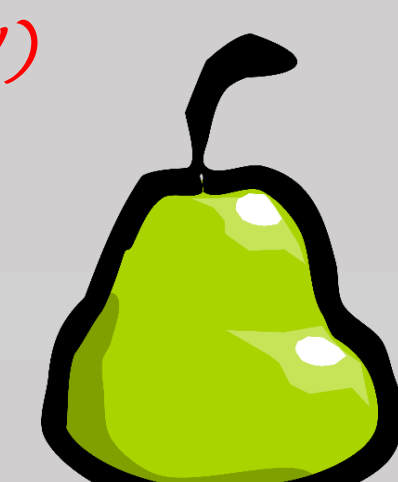
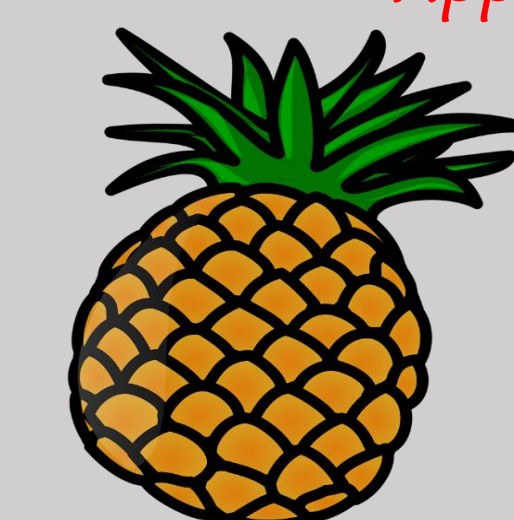
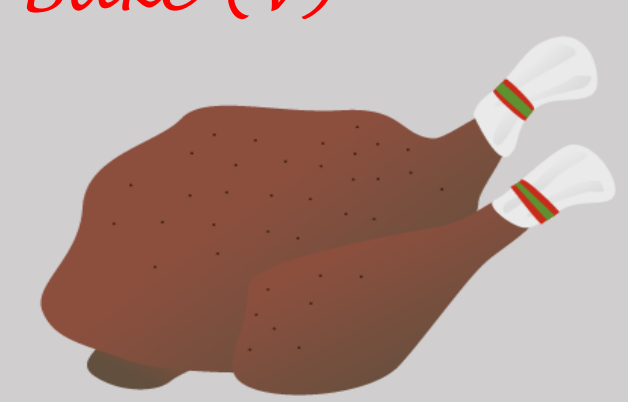
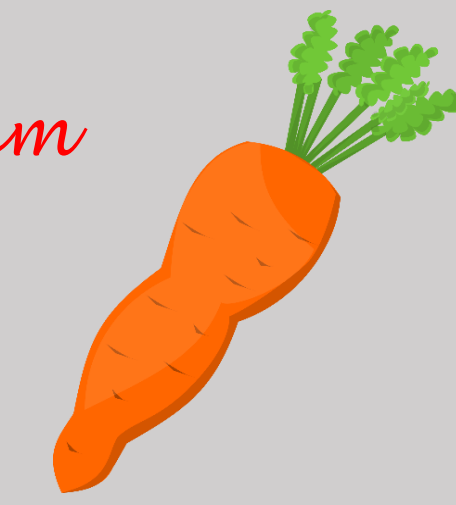
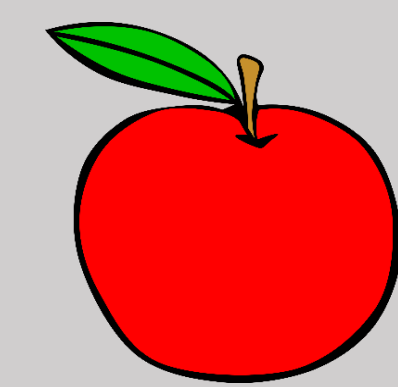
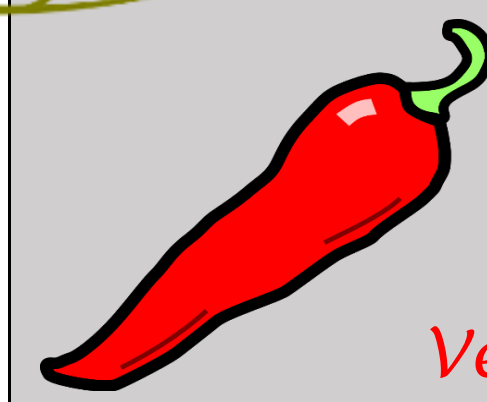


Westbrook Hay's Lunch Menu



MONDAY Week 1	TUESDAY Week 1	WEDNESDAY Week 1	THURSDAY Week 1	FRIDAY Week 1
Hot Main Dishes Chilli Con Carne Veg Chilli Chick Peas & Lentils (V) Tortilla Chips Rice	Hot Main Dishes Roast Pork/Chicken Quorn Roast (V) Roast Potatoes Cabbage & Carrots Gravy	Hot Main Dishes Ham & Broccoli Cheesy Pasta Broc & Cheesy Pasta (V) Green Beans/Peas	Hot Main Dishes BBQ Chicken Quorn BBQ Chicken (V) Parsley Potatoes Cauliflower & Green Beans	Hot Main Dishes Chicken Goujons Quorn Nuggets (V) Wraps Salad
Dessert Apple & Pear Pie & Custard	Dessert Spotted Dick & Custard	Dessert Strawberries & Cream	Dessert Blackberry & Apple Crumble & Custard	Dessert Jelly & Ice-Cream
...
MONDAY Week 2	TUESDAY Week 2	WEDNESDAY Week 2	THURSDAY Week 2	FRIDAY Week 2
Lasagne Vegetable Lasagne (V) Green Beans & Peas	Roast Gammon/Chicken Cauliflower & Broccoli Cheese Bake (V) Roast Potatoes Cabbage & Carrots Gravy	Meatballs & Linguine Quorn Meatballs (V) Peas & Sweetcorn	Chicken Ratatouille Ratatouille (V) Rice Green Beans	Sausages in a Roll Veggie & GF Sausages (V) Chips
Dessert Mixed Fruit Crumble & Custard	Dessert Jam Sponge & Custard	Dessert Berries & Yoghurt	Dessert Apple & Sultana Pie & Custard	Dessert Flapjack
...
MONDAY Week 3	TUESDAY Week 3	WEDNESDAY Week 3	THURSDAY Week 3	FRIDAY Week 3
Chicken Tikka/Jalfrezi & Lamb Madras Vegetable Curry (V) Rice Naan Bread	Roast Beef/Chicken Cous Cous Stuffed Peppers (V) Roast Potatoes Green Beans & Carrots Gravy	Macaroni Cheese/Cauliflower Cheese Tomato & Basil Pasta (V) Broccoli	Spaghetti Bolognese Quorn Spaghetti Bolognese (V) Peas & Sweetcorn Garlic Bread	Chicken Burgers Quorn Burgers (V) Chips
Dessert Apple/Pear & Ginger Crumble & Custard	Dessert Treacle Sponge & Custard	Dessert Fresh Fruit & Cream	Dessert Apple & Apricot Pie & Custard	Dessert Angel Delight



COLD DELI
Salad Bar
Fresh Fruit

Yoghurts

HOT DELI
Soup of the Day
Jacket Potatoes
(V) Vegetarian
GF Options available

